

THE OFFICIAL PUBLICATION OF THE ROTARY CLUB OF POLOMOLOK 101

# THE CLUB 101

ISSUE 6

VOLUME 3

DECEMBER 2023

Rotary



CREATE HOPE  
in the WORLD

*Season's Greetings*



# 2023-2024 OFFICERS AND DIRECTORS



**Gordon M. McNally**  
RI PRESIDENT



**Rozanne M. Gamboa**  
DISTRICT GOVERNOR



**Vincent Edward Ang**  
DISTRICT SECRETARY



**Pedro B. Acharon, Jr.**  
ASSISTANT GOVERNOR



**Malou A. Teoxon**  
PRESIDENT



**Evernie V. Alfeche**  
VICE PRESIDENT



**Sweet B. Gallinero**  
PE/SECRETARY



**Jade N. Rallos**  
TREASURER



**Gladys D. Balano**  
AUDITOR



**Fanny M. Fernandez**  
PRO



**Rona Pineda**  
SGT-AT-ARMS



**Lani Castaniaga**  
PROTOCOL OFFICER



**Omar Gallinero**  
DITO



**Nieven May Alfeche**  
CICO

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**Celema I. Grño**  
CLUB ADMIN



**Rogelio Rallos, Jr.**  
THE ROTARY FOUNDATION



**Maribel D. Acuesta**  
MEMBERSHIP



**Alan M. Ines**  
PUBLIC IMAGE/DRRM  
SERVICE PROJECT



**Mayvelyn G. Urbano**  
EXEC. SECRETARY

## COMMITTEE CHAIRPERSONS: 5 AVENUES OF SERVICE



**Xavier J. Bayan**  
COMMUNITY SERVICE



**Melani G. Deypalan**  
VOCATIONAL SERVICE



**Tommy Tonguia, Jr.**  
CLUB SERVICE



**Darnie F. Jandic**  
INTERNATIONAL SERVICE



**Krispian Troy M. Publico**  
YOUTH SERVICE  
DEI OFFICER

# R.I. PRESIDENT'S MESSAGE



Gordon R. McNally

**In December, I will attend the United Nations COP28 climate change summit in Dubai, United Arab Emirates. There, I will speak about the convergence of two global crises: climate and mental health. As the World Health Organization has noted, climate change worsens risk factors – such as disruptions to homes and livelihoods – for mental health problems. The emotional distress of a disaster also makes it difficult for people to recover and rebuild. Rotary partner ShelterBox is an international disaster relief charity that has helped more than 2.5 million displaced people in approximately 100 countries with emergency shelter, essential household items, and technical support. I wish to share this month's column with their CEO, Sanj Srikanthan, who explains that the words we choose to describe disasters matter.**

**– Gordon McNally**

The term “natural” disaster has long been used to describe tropical storms, floods, earthquakes, and volcanic eruptions, but there needs to be an urgent shift in the language we use. While the term may seem harmless, and we’ve not always gotten it right, we’ve learned through our work with disaster-affected communities how it perpetuates a dangerous myth that nothing could have been done to prevent people being so badly affected. This misleading and harmful narrative can lead to a lack of action to help people who need it.

The language we use matters. When we frame disasters as natural, we fail to acknowledge the complex interplay between nature and the role of human actions and how they impact communities around the world.

Earthquakes, tsunamis, volcanic eruptions, and extreme storms, drought, and flooding occur because of natural processes on Earth. But it is how these events affect people or the environment that has the potential to make them a disaster — outcomes influenced by human factors like where people live, what types of homes they have, political instability, and the lack of proactive measures to protect vulnerable communities. A disaster is the result of systemic inequalities in access to resources and power. Where we live and how much money we have often determines our ability to recover. The people worst affected are those living in poverty, with the least means to protect themselves and few resources to withstand the next event.

By framing these events as natural, we undermine the need for proactive measures to protect vulnerable communities, masking the underlying social, economic, and political instability that makes marginalized and disadvantaged communities disproportionately affected. Our teams see firsthand how issues like inequality, poverty, urbanization, deforestation, and the climate crisis can make communities more vulnerable.

At ShelterBox, we simply say “disaster” or are more specific, describing the extreme weather, earthquake, tsunami, or volcanic eruption. I urge everyone to help us in breaking this cycle by committing to language that accurately reflects why people are affected so badly.

Only then does it pave the way to address the underlying causes of vulnerability and work toward a more just and equitable future for all, with the necessary investment, resources, and proactive measures to help protect affected communities.

Disasters are not natural. Let’s stop saying they are.

**Sanj Srikanthan**  
CEO, ShelterBox



We are nearing the end of another year, and entering the festive season.

As we reflect on the year that has passed and approach a new year, ponder on what we can do as a club to continue to make a difference in our community. As Gandhi said, "you must be the change you want to see in this world". What changes do you personally plan to make to see changes in our club? Let us remind ourselves once again why Jesus came into this world and I would say it seems apt to pray now more than ever "let there be peace on earth and let it begin with me".



I would like to take this opportunity to thank you all as we approach the halfway mark of the Rotary year 2023-24. I am proud of our achievements thus far and the many opportunities we have taken to achieve the goals set for this Rotary year. I look forward to working with you as we continue the path to create hope in our club and to our community. From my family to yours, have a meaningful Christmas and a bountiful New Year!



# ***Editor's Note***

**December, a month universally associated with giving, aligns with the spirit of Christmas and its tradition of generosity.**



Christmas is a time when we celebrate Jesus' birth. It is a time when we are reminded that Jesus came into this world to bring hope and to spread peace on earth and goodwill to all of us.

It is also the time of the year when we have friends and family visiting and we demonstrate a spirit of togetherness in our community. Our Rotary traditions have always included bringing cheer to the less fortunate. Giving and sharing, however, does not always mean giving money or material things. Sometimes taking time to help and give comfort to someone in need is worth as much or more. As individuals, let us find time in our busy schedules to give a word of encouragement to another individual with a broken spirit, a neighbour, a relative, a friend going through a particularly difficult time. Let us give of ourselves, not as an obligation, but as a desire. Merry Christmas everyone!

***May Urbano***

Editor-in-Chief



# Secretary's Page

By: Sweet Gallinero

## Beating the Holiday Blues

While others are enjoying the holiday season, there are some who are not. They are filled with stress, anxiety, loneliness, despair, discouragement or a sharp case of the holiday blues.

But they don't have to be. There can be so much more joy in the Christmas season than you think. There are, in fact, ways you can take to have a happier, more meaningful Christmas this year, even if circumstances are not ideal.

### CONNECT TO THE DEEPER MEANING OF THE SEASON

On the surface of things, it seems Christmas has become little more than a day of getting stuff—an over-commercialized sales-event of high profits and crazed consumerism. Hardly the inspiration to delve deeper into the soul of the occasion.

But Christmas can provide us with a variety of levels of depth and meaning no matter how grand-like Christmas has become.

From family togetherness with gift exchanges and Christmas traditions to the original celebration of the birth of Jesus, as believers rededicate our lives to living a Christ-like life of faith and virtue to the popular celebration of the giving spirit of the holiday, there's something deeply meaningful for almost everyone.

By connecting to the deeper meaning of the season, your Christmas celebration can itself be deeper, more meaningful, and therefore more perspective-shifting and happiness-inspiring.



Anya, Gabbie, & Mia

# Treasurer's Report

by: Jade Rallos



Palomolok 101  
Rotary  
Club



## Club Dues Payment Chart 2023-24

Name	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	Bal
1. Maribel Acuesta D.	✓	✓											6,500
2. Alfeche Evermie V.	✓	✓											6,500
3. Alfeche Nieven May V.	✓												7,150
4. Balano, Gladys D.	✓	✓	✓	✓	✓	✓							3,800
5. Bayan Xavier J.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
6. Castaniaga, Lani A.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
7. Cruz, Rizaldy R.													7,800
8. Deypalan, Melani G.	✓	✓	✓	✓	✓								4,550
9. Fernandez, Fanny M.													9,050
10. Gallinero, Omar S.													7,800
11. Gallinero, Sweet B.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
12. Grino Celema I.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
13. Ines, Alan M.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
14. Jandic, Darnie F.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
15. Mula, Mark	✓	✓	✓	✓	✓	✓							3,900
16. Pineda, Rona F.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
17. Publico, Troy	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
18. Rallos, Jade N.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
19. Rallos Rogelio Jr. A.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
20. Sabellano, Ivie L.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
21. Reyes, PJ	✓												7,050
22. Teoxon, Marilou A.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
23. Tonguia, Tomas Jr. S.	✓	✓	✓	✓									5,200
24. Urbano, Mayvelyn G.	✓	✓	✓	✓	✓	✓	✓						3,250

100



100 EURO

# Roster of Members 2023-2024

NAME	NAME	CLASSIFICATION
1.) Acuesta, Maribel, D.	"Bel"	* RFSM+1 Dental Services; Pediatrics
2.) Alfeche, Evernie V.	"Tata"	RFSM Hospital Services; Channel Manager
3.) Alfeche, Nieven May V.	"Twinkle"	* PHF Hospital Services; CEO Secretary
4.) Balano, Gladys G.	"Glads"	PHF Registrar; Private School
5.) Bayan, Xavier J.	"Bobet"	PHF+2 Law; General Practice
6.) Castaniaga, Lani A.	"Lan"	PHF Manangement; Government Bank
7.) Cruz, Rizaldy R.	"Zaldy"	PHF Architecture; Building
8.) Deypalan, Melani G.	"Mel"	RFSM+2 Dental Services; Orthodontics
9.) Fernandez, Fanny M.	"Fan"	PHF Insurance; Life&Non-Life
10.) Gallinero, Omar S.	"Mar"	PHF +1 Management; Photography & Events
11.) Gallinero, Charo Lyca B.	"Sweet"	Management; Nail Spa
12.) Griño, Celema I	"Cel"	PHF Dental Services; Hospital
13.) Ines, Alan M.	"Lan"	PHF Addministration; Private School
14.) Jandic, Darnie F.	"Bing"	PHF Management; Spa
15.) Pineda, Rona F.	"Ron"	RFSM Management; Farm Resort
16.) Publico, Krispian Troy M.	"Troy"	Financial Advisor
17.) Rallos, Jade N.	"Jade"	PHF+2 Medical Technologist
18.) Rallos, Rogelio, Jr.	"Wang"	PHF+6 Management; Medical Supplies Distribution
19.) Sabellano, Aivie L.	"Aivs"	PHF Management; Commercial Bank
20.) Teoxon, Marilou A.	"Malou"	RFSM+2 Management; Travel & Tours
21.) Tonguia, Tomas, Jr. S.	"Tommy"	RFSM Management; Rice Retail
22.) Urbano, Mayvelyn G.	"May"	PHF+1 Management; Fast food Restaurant

\*PHF- PAUL HARRIS FELLOW

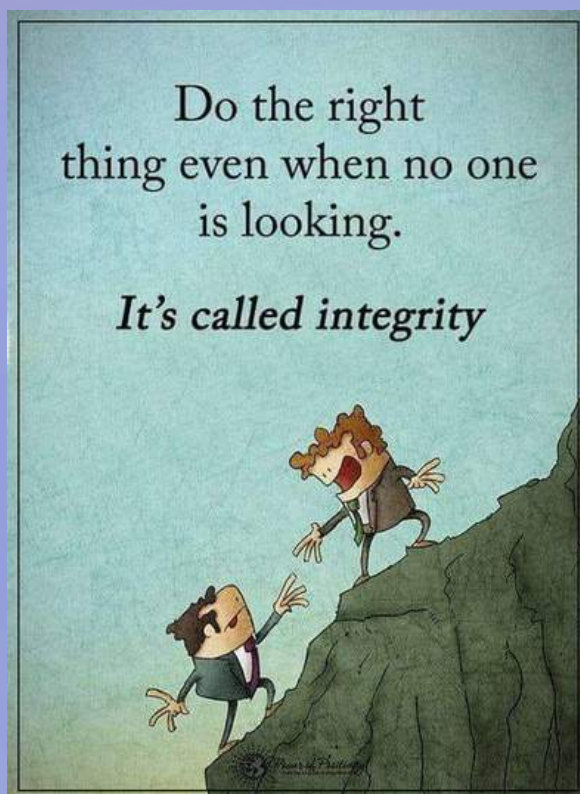
\*RFSM- ROTARY FOUNDATION SUSTAINING MEMBER

## NEW MEMBERS

Mula, Mark Francis  
Reyes, Paul Jordan  
Vallance, Joan

"Mark"  
"PJ"  
"JO"

Management; Restaurant Cafe & Entertainment  
Management; Internet Service Provider  
Management; Wellness & Spa







# HALL OF PAST PRESIDENTS



**CP OMAR GALLINERO**  
PHF+1

RY 2005-2006



**PP ESPIE MALIWAT**  
RFSM+2

RY 2006-2007



**PAG ALAN INES**  
PHF

RY 2007-2008



**PP ROGELIO RALLOS, JR**  
PHF+6

RY 2008-2009



**PP MARIBEL ACUESTA**  
RFSM+2

RY 2009-2010



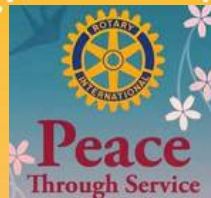
**PP XAVIER BAYAN**  
PHF+2

RY 2010-2011



**GRACE SALAZAR**  
RFSM

RY 2011-2012



**REY TRASPORTO**

2012-2013

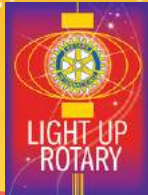


**BENHUR DAPANAS**

2013-2014



# HALL OF PAST PRESIDENTS



**PP REX MACHAN**

**RY 2014-2015**



**PP CELEMA GRIÑO  
PHF**

**RY 2015-2016**



**PAG MAYVELYN URBANO  
PHF+1**

**RY 2016-2017**



**PP GLADYS BALANO  
PHF**

**RY 2017-2018**



**PP MELANI DEYPALAN  
RFSM+2**

**RY 2018-2019**



**PP FANNY FERNANDEZ  
PHF**

**RY 2019-2020**



**PP NIEVEN MAY ALFECHE  
PHF**

**RY 2020-2021**



**PP LANI CASTANIAGA  
PHF**

**RY 2021-2022**



**IPP EVERNIE ALFECHE  
RFSM**

**RY 2022-2023**

# THE ROTARY FOUNDATION

Giving to The Rotary Foundation means caring for people. It teaches us how much we need each other, how some people's selflessness can make a difference in the lives of others, and why this is something worth doing.

Here are some messages from generous Rotarians why they donate and support to the Rotary Foundation



**PP WANG RALLOS**  
TRF DIRECTOR

## **Yuichi and Keiko Fukuhara**

Japan

Arch Klumph Society Trustees Circle

"We hope our donation benefits those who need it most and we are grateful to Rotary for this opportunity. Giving is not just about making a donation, it's also about making a difference."

## **Watson and Maely Travassos**

Brazil

Arch Klumph Society Trustees Circle

"Giving to The Rotary Foundation means caring for people. It teaches us how much we need each other, how some people's selflessness can make a difference in the lives of others, and why this is something worth doing."

## **İlter and Suzan Ergürbüz**

Turkey

Arch Klumph Society Trustees Circle

"Everybody can do good, but if we do good through The Rotary Foundation, our impact is multiplied many times over. That's why we donate to the Foundation". The more support we can give, the more we can expand our reach to solve problems.

## **Johnny Gaw Yu and Veronica Yu**

Philippines

Arch Klumph Society Chair's Circle

"We are excited about seeing a major breakthrough in the improvement of human lives through Rotary and the eradication of polio."

## **Otto and Fran Walter Foundation**

United States

Arch Klumph Society Foundation Circle

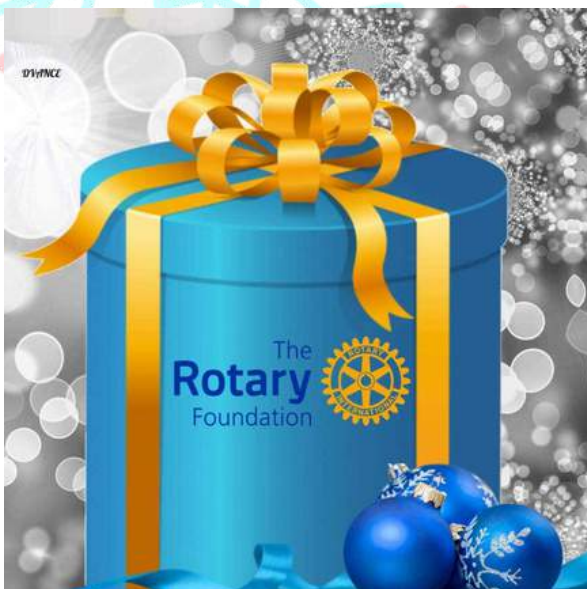
"We are proud to provide resources for a new generation of professionals dedicated to conflict resolution, helping Rotary to create a future grounded in peace."

## **David Gibson Moore**

United Arab Emirates

Arch Klumph Society Trustees Circle

"When I think about The Rotary Foundation's future, I look forward to the overwhelming importance of advancing world understanding and serving to change lives".



And at this special sacred season, I hope you take the time to reflect on the many blessings of your life and the privilege to be of service to others. Jade and I, together with our children, extend our very best wishes for a Merry Christmas and a bright New Year to you and your families.

# HEALTHY HABITS ON HOLIDAYS



**PP BEL ACUESTA**  
MEMBERSHIP DIRECTOR

The holidays are full of family, friends, great food, and great memories. But they aren't always compatible with a healthy lifestyle. When the holiday season rolls around, it's easy to get a little lax on the healthy eating and exercise that we typically maintain.

Coupled together, all those festive parties and the stress the holidays can bring, can mean a hit to our overall well-being from November to New Year's. But it doesn't have to be this way. Fortunately, it's possible to maintain a healthy lifestyle year-round.



## It's all about moderation

Moderation will be your saving grace during the holiday season. There's nothing wrong with enjoying an indulgent, festive dinner — but you'll want to make sure that your meals surrounding it are healthy and nutrient-dense

## Add more vegetables

It's easy to go all-out with our favorite recipes, but sometimes eating better is as simple as keeping more healthy choices on hand. Increase the number of vegetable dishes on the dinner table, finding small twists to dress them up without making them unhealthy.

## Take a walk after dinner

Walking after a meal can give you several distinct benefits. First, you can get exercise at a time when you might not otherwise be exercising as frequently. It can also provide some quiet alone time to de-stress and aid your digestion all at once. All of these factors combined are good for your physical and mental health, and can contribute to weight loss.

## Take time for yourself

The holidays are full of family and friends, and while this can be a great thing, it can also be draining and stressful. Whether you're staying with family over the holidays or just attending a large number of events, remember to take time every day for yourself. Go for a walk, meditate once a day, or offer to go to the store for a few minutes of quiet. Even extroverts need time to recharge.



As your Membership Director, I would like to convey this message to all the members to RCP 101; "let us all stay connected with one another and ensure that no one is left behind. Let us also continue to stay engage in our club activities and projects and inspire others to spread the Rotary Spirit and help those in need. From Me, Czar & Czam, we wish you all a healthy Christmas and Prosperous New Year!"

# First club in Philippines opens door to Rotary in Asia



by: PAG Alan M. Ines

In early 1919, Rotarian Roger Pinneo of Seattle, Washington, USA, traveled to the Philippines to try to organize a Rotary club in Manila. Leon J. Lambert, a Manila business leader helped Pinneo establish the club. Several months later, on 1 June 1919, the Rotary Club of Manila was chartered and became the first Rotary club in Asia.

The club would be the only one in the country for more than 12 years. Eventually, Manila club members organized Rotary clubs in the Philippine cities of Cebu (1932) and Iloilo (1933). Iloilo club members then started a club in Bacolod (1937), and Rotary continued to expand across the country.

Eight clubs were leading service efforts in the Philippines by the end of 1941. Iloilo Rotary members raised funds to build a hospital dormitory in Iloilo for patients with leprosy, also known as Hansen's disease. Farther south, on the island of Mindanao, Davao club members organized a tree planting project to beautify their city.

Sometime during World War II, the Philippine clubs, like many Rotary clubs around the globe, ceased operations. All clubs in the Philippines were formally closed by the end of 1943.

Rotary was re-established in the country when the Dagupan club officially reopened in June 1945. The Manila club followed in October. By April 1948, all pre-WWII Rotary clubs had reopened and five new clubs had been chartered.

Service projects, including supplying books and furniture for a new library in Dumaguete, continued throughout the 1950s. In 1979, Rotary International began its historic fight to end polio with its **first polio immunization project** in Makati, a city outside of Manila.

Today, members of nearly 900 Rotary clubs in the Philippines continue to take action to improve lives in their communities, and I'm proud to say that Rotary Club of Polomolok 101 is one of those clubs.





# NOVEMBER CALENDAR OF ACTIVITIES

BY: PP CEL I. GRIÑO  
CLUB ADMIN DIRECTOR



**DECEMBER 1**

**GOVERNOR'S NIGHT**

**DECEMBER 4**

**22ND MEMBERSHIP MEETING  
& FELLOWSHIP NIGHT**

**DECEMBER 7**

**REPACKING OF GOODS**

**DECEMBER 9**

**BUCKETFUL OF LOVE PROJECT**

**DECEMBER 9**

**CHRISTMAS PARTY**

**DECEMBER 17**

**LADIES' NIGHT**

## GROUPINGS

### GREEN TEAM

WANG  
JADE ALAN  
XAVIER MAY  
DARNE

### PINK TEAM

SWEET  
RONA CELEM  
BEL  
AVIE MARK  
PJ

### BLUE TEAM

MALOU  
TATA  
TWINKLE  
LANI TOMMY  
ZALDY

### YELLOW TEAM

MEL TROY  
GLADYS  
FANNY OMAR  
REY



## History of the Rotary Club of Polomolok 101

The Rotary Club of Polomolok 101 was officially chartered as a legitimate club by Rotary International, through the efforts of its mother club – the Rotary Club of Midtown Gensan on August 31, 2005. As early as February 2003, there were already numerous attempts to organize a Rotary club in the municipality of Polomolok, but it was only in January 2005 when persistence finally paid off. With the blessing of RC Midtown Gensan, Omar Gallinero became the new club's Charter President, leading 25 other charter members with various classifications. Rotary Club of Polomolok 101 was formed under the leadership of Len Magno as then the District Governor of 3860. The club's name is suffixed with the number 101 for two significant reasons: one, the club was founded on Rotary International's 101st foundation anniversary; and the club was the 101st club to be chartered under District 3860.

The Rotary Club of Polomolok 101 was registered under District 3860, Area 3F with Club Number 70517 . To date, the Club runs on man-strength of twenty five(25) committed individuals.

### Mission Statement

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

### Vision Statement

"Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves."



**22nd General Membership Meeting**  
**DownTown Blvd/6pm**  
**4th December 2023**

**Call to Order**  
**Invocation**  
**The Rotarian Pledge/  
& 4 Way Test**  
**Intro of Guests**  
**President's Time**  
**Open Forum**  
**Adjournment**

**Prexy Malou Teoxon**  
**PP Fanny Fernandez**  
**Rtn Mark Mula**

**Rtn. Troy Publico**  
**Prexy Malou Teoxon**

**Prexy Malou Teoxon**

**Moderator- PP Bel Acuesta**



**Invocation**



Dear Lord, thank You for gathering us here today on our 10th General Membership Meeting. We ask for Your guidance, wisdom, and support throughout this meeting. Help us to engage in meaningful discussion, allow us to grow closer as a group and nurture the bond of camaraderie. Fill us with Your grace, Oh Lord, as we make decisions that might affect our club. and continue to remind us that all we do, all that we accomplish, is for the pursuit of the truth for the greater glory of You, and for the service of humanity. We ask this in Your name. AMEN

**The Rotarian Pledge**

I am a Rotarian. I will always uphold the truth.

I am a Rotarian. I will always strive to be fair in all my dealings with my fellow human beings.

I am a Rotarian. I will always endeavor to build goodwill and understanding in my community. Among my countrymen, and among peoples of all nations.

I am a Rotarian. I will always seek to promote the greatest good for the greatest number of people in the spirit of Rotary service.

I am a Rotarian. I will always observe Rotary International's motto: Service Above Self.





# ROTARY HYMN

*I want to be, A Rotarian for the world  
 Make the Rotary flag, be the flag of peace unfurled  
 I will serve my community  
 Help to seek international unity  
 Thru Rotary, I will dedicate my all  
 World understanding shall be my cherished goal*

*Refrain : With the Four Way Test  
 I'll pursue my quest  
 And I in a way help obtain  
 Peace in the world  
 Then I won't have lived in vain.*

*I'll observe Service Above Self  
 Lend a hand to all who'll need my help  
 I'll get my spouse to involve in Rotary  
 And in Rotary ways, I will train my family  
 (Repeat Refrain - substitute "I" with "We")*

*Build a bridge for tomorrow's youth  
 Strengthened by nothing but the truth  
 Let's join our hands, there's no reason to divide  
 We shall all understand, while the good Lord is our guide  
 (Repeat Refrain - substitute "I" with "We")*

*CODA: Peace be achieved  
 So we won't have lived in vain.*

# SUNSHINE GREETINGS



CREATE HOPE in the WORLD



SHARING HOPE WITH THE WORLD  
SINGAPORE  
25-29 MAY 2024

#Rotary24



## The Rotarian Pledge

**I am a Rotarian.**

I will always uphold the truth.

**I am a Rotarian.**

I will always strive to be fair in all my dealings with fellow human beings.

**I am a Rotarian.**

I will always endeavor to build goodwill and understanding in my community, among my countrymen, and among people of all nations.

**I am a Rotarian.**

I will always seek to promote the greatest good for the greatest number of people in the spirit of Rotary service.

**I am a Rotarian.**

I will always observe the Rotary International motto:

**Service Above Self.**

The National Rotarians World

# Rotary



## THE FOUR-WAY TEST

of the things we think, say or do

- 1 Is it the **TRUTH**?
- 2 Is it **FAIR** to all concerned?
- 3 Will it build **GOODWILL & BETTER FRIENDSHIPS**?
- 4 Will it be **BENEFICIAL** to all concerned?

# Bucketful of Love Project

On December 9, 2023 the Rotary Club of Polomolok 101 journeyed to one of the remote communities of Indigents in Purok 4 Kalyong, Barangay Landan for our annual gift-giving outreach program dubbed as “Bucketful of Love” – our club’s banner project every December intended for our less fortunate brothers and sisters. It took us more than an hour before reaching Purok 4 Kalyong due to rough roads.

Upon reaching the site, we were welcomed by the Bla’an Community headed by their Purok Chairman. The activity started with “libreng gupit” offered to all who wanted to avail of free grooming services courtesy of PP Xavier Bayan. Basic Oral Education & Handwashing Drill for children together with their parents was conducted by PP Dr. Bel Acuesta simultaneous with Free application of Fluoride administered by our dentist members PP Dr Mel Deypalan & PP Dr Cel Grino. Dental Fluoride was donated by Philippine Dental Association(GenSan Chapter). Free toothpastes and toothbrushes were given free after the children received their fluoride treatment.

As an early gift, we surprised the children with lots of Christmas presents. Sacks of stuffed toys, different toys and old & new clothes, educational items, chocolates and candies were distributed to over a hundred of children present on that activity. It was a pure joy and excitement to see their happy faces as they received their gifts and participated in parlor games. We have also gifts for parents especially for all mothers. Aside from lecture on Women Empowerment presented by Pp Fanny, they also received households' items such as curtains, kitchen wares, used & new clothes. All attendees were given free arroz caldo and nutritious pan de sal.

The highlight of our outreach program is the distribution of the “bucketful of love” goodies to the 60 selected families. Each bucket consists of Noche Buena package, rice, milk, biscuits and canned goods. We also distributed vegetable seedlings to some constituents for their livelihood program.

This day reminded us of how Christmas is so much more than just giving gifts. Activities such as this are a great way to bring people together, to serve and share blessings, and to give happiness to people living in remote places. Through these gifts, we know that in our own little way, we are providing joy and hope to our less fortunate brethren.

Special thanks to our benefactors who made this outreach program possible- Mr. Milbert Ambat, Ms. Liza Rogers, Jandic Family, PDA(Gensan Chapter) Twincirca and Healthcare Multi-Purpose Cooperative.



# PEOPLE OF ACTION



# Governor's Night

December 1, 2023



# Meetings & Fellowships

December 2023



# Christmas Party '23

December 2023



# Our Sponsors



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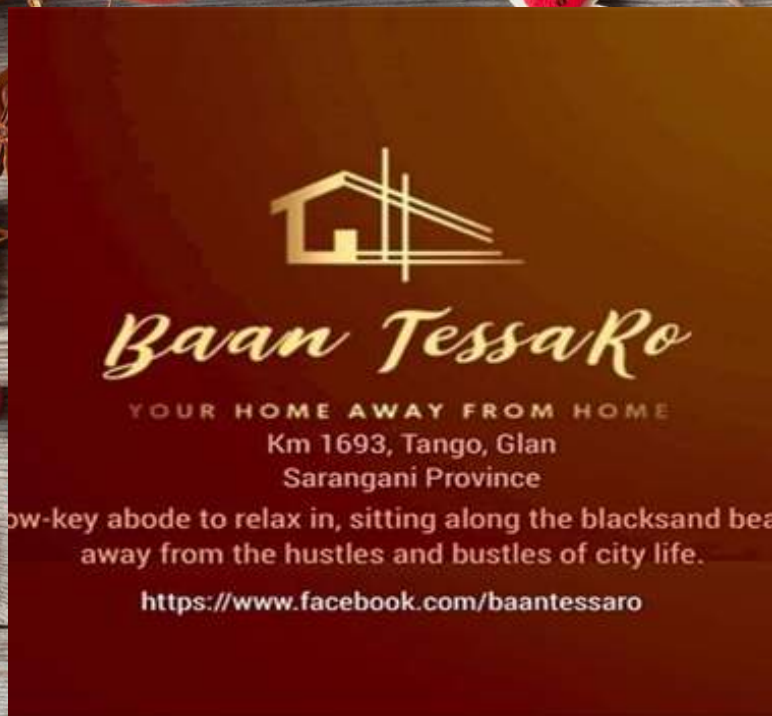
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